#### Basic CISM Training, Peer Support, Pastoral Crisis Intervention Training

A 2-day module of basic CISM training and a 2-day module of individual Crisis Intervention and Peer Support.

# CALEA Standards Regarding Critical Incident Stress & Peer Support in Law Enforcement

CALEA STANDARD 22.2.10: Standard states, "the agency makes available to employees an Employee Assistance Program designed to assist in the identification and resolution of concerns which may adversely affect an employee's personal or professional well-being or job performance."

CALEA STANDARD 35.1.15: Standard states, "a written directive establishes a Personnel Early Warning System to identify agency employees who may require agency intervention efforts. The system should include procedures for...some type of employee assistance such as a formal Employee Assistance Program, Peer Counseling, etc."

## **Emergency Contact Numbers**

#### National Suicide Hotline Call 988

or

(800) 273-8255



#### **Eric Jester**

Statewide CISM Coordinator EricJester@fdle.state.fl.us (772) 216-0755

### Florida Department of Law Enforcement





### Post Critical Incident Seminar - PCIS

In coordination and response to First Lady DeSantis' initiative, FDLE, in collaboration with FSA and FPCA, is utilizing the \$300,000 Officer Wellness budget to bring PCIS to Florida's Law Enforcement Officers and Correctional Officers.

#### What is PCIS?

- 3-Day peer driven retreat for LEO/COs and their life partner
- Provides psychoeducation
- Counseling session with licensed Mental Health Professionals
- Utilizes trauma-informed therapy
- Small group peer support

#### **How Does PCIS Work?**

- FDLE hosts the seminars
- Recruit and train peers from agencies throughout the state
- Utilize peers with specific exposure/recovery/growth
- All costs are incurred by FDLE, FSA, and FPCA

#### **Finances**

#### FDLE pays for

- Hotel rooms
- Clinical Director
- Honorarium for licensed Mental Health Professionals
- Training
- Signage

#### FSA/FPCA pays for

- Food (nightly dinners)
- Peer team polo shirts
- Challenge coins

#### **Key Offerings**

- Peer driven
- Evidenced-based to reduce depression, anxiety, and PTSD
- No cost to attendee and/or agency

#### **Partners**

- Florida Sheriffs' Association
- Florida Police Chiefs Association
- Other State Law Enforcement
- Department of Corrections